***LEARNING ABOUT VALUES***

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Your values are the things that you believe are important in the way you live learn, play and be with others.

Here are some values to find and think about – but do you know what they mean? Let’s use this time to explore and talk about some values. Can we look up the ones we need to understand better? Which are the ones that are important to you?

P Z P M N H W K S D U C O C E A D C L U

Z E K F K Y T O E U I X R O T L E Q D H

F X A I A X N T P T O E J P I V T N N U

E R N C V Z N G E T A I L O L E E D A L

E D O O E E C H N T I Z R H O B R F U O

M L A C T F T S I I N M D U P X M R N Y

Z V I N U A U V G Q D E I X C K I I W A

E U O R P U E L N A P N I S E L N E A L

L C A M B D X N I F A Z A L T K E N F P

B R Y S T R O N G N U T T T I I D D J W

A S I P Z U P P A P H N J T S S C L T P

T C O A J A J K R O E G N E W R E Y H R

P Y K F F M U I U G K I N Y R C E R H S

A F H Q G A A G O C X C Q Y Q P T D O Z

D B C R L L H T C F O R G I V I N G N N

A S J X G T X U N L U F P L E H X X P U

I V U F F Y U L E T Y E N V V G D T B Y

H A K U T R U S T W O R T H Y X S A Y Z

V A L E P A J N T G V U Z R N F T T O L

S U O E G A R U O C Y M P D W X Y L E X

ADAPTABLE

CALM

CONTENTED

COURAGEOUS

CREATIVE

CURIOUS

DETERMINED

ENCOURAGING

FAIR

FORGIVING

FRIENDLY

FUNNY

GENTLE

HELPFUL

KIND

LOYAL

OPTIMISTIC

PEACEFUL

POLITE

RESILIENT

STRONG

SYMPATHETIC

THOUGHTFUL

TRUSTWORTHY

UNDERSTANDING